

SPIRITUAL ASSESSMENT 1

Conversational Inventory

NAME: _____ RANK: _____ DATE: _____

Gender: M F

COMPO: Active Guard Reserve

Years of Military Experience _____ Deployed in TOO: Yes No

PART I

1. What gives you a basic sense of hope?

2. What about your past is most difficult for you to accept?

3. What are your three most significant relationships?

(1)

(2)

(3)

Place a + by the relationships that are fulfilling and a – by the relationships that are distressing.

4. Check if you had any problems or issues:

<input type="checkbox"/>	Emotional	<input type="checkbox"/>	
<input type="checkbox"/>	Relationship	<input type="checkbox"/>	Substance Abuse
<input type="checkbox"/>	Legal	<input type="checkbox"/>	Risk Taking Behavior
<input type="checkbox"/>	Spiritual/Religious	<input type="checkbox"/>	Destructive Thoughts or Actions
<input type="checkbox"/>	Financial	<input type="checkbox"/>	Anti-Social Feelings or Actions
<input type="checkbox"/>	Other problems since the deployment	<input type="checkbox"/>	Other addictive or Compulsive Behavior

PART II - What are the top three challenges facing you today?

1.

2.

3.

Do you want to meet with a Chaplain? ____ YES ____ NO

Do you have spiritual support? (i.e. Church, Synagogue, Temple...) ____ Yes ____ No

SPIRITUAL ASSESSMENT 2

NAME: _____ RANK: _____ DATE: _____ M F

Gender: M F

COMPO: Active Guard Reserve

Years of Military Experience _____ Deployed to TOO? Yes No

PART I

Y N	1. I have a profound sense of purpose and direction.
Y N	2. I have a spiritual home or path.
Y N	3. I know that there is much of life that I cannot control.
Y N	4. The way I respond to problems, emergencies, or disappointments is usually about right.
Y N	5. I am becoming more fulfilled in who I am as I journey through life.
Y N	6. Knowing my deepest needs, commitments, and values, I am satisfied with who I am.
Y N	7. There are events in my life that cause me great pain, shame, or anger.
Y N	8. Sometimes my behavior embarrasses my spouse, friends, family, or myself.
Y N	9. I get meaning in life from my belief in a higher power, an inspirational reality, or a core value.
Y N	10. I do not use others for immediate gratification or selfish pleasure.
Y N	11. Although I may face extremely difficult circumstances in life I am not overwhelmed.
Y N	12. I can control myself, even if I can't control my circumstances.
Y N	13. I certain my life has purpose and meaning.
Y N	14. I participate in a healthy community that promotes my well-being.
Y N	15. I believe that even negative or painful experiences can have positive results.
Y N	16. I easily avoid extremes in ideas, thoughts, emotions, and actions.
Y N	17. I am hopeful about my future.
Y N	18. I have a great responsibility of service to others, even as I have benefited from the service of others to me.
Y N	19. I have considered the events of my life and accept that they helped me become a better.
Y N	20. I conduct myself in an orderly, predictable, and positive manner.